

JOSEPH M. SAITO

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EDUCATION & TRAINING

University of Toronto , Toronto, ON, CA Ph.D. Psychology, Advisor: Keisuke Fukuda	2020 – Present
University of Toronto , Toronto, ON, CA M.A. Psychology, Advisor: Keisuke Fukuda	2019 – 2020
University of Notre Dame , South Bend, IN, USA Lab Manager, Advisor: Nathan S. Rose	2017 – 2019
University of San Francisco , San Francisco, CA, USA B.A. Psychology (<i>summa cum laude</i>), Thesis Advisor: Benjamin J. Levy	2013 – 2016

HONORS & FUNDING AWARDED

Fellowships & Grants

<i>Ontario Graduate Scholarship</i> , University of Toronto, \$15,000/year, 1-year tenure	2023—2024
<i>Graduate Legacy Fellowship</i> ¹ , Florida State University, \$10,000/year, 5-year tenure	2019 – 2024
<i>University Scholarship</i> , University of San Francisco, \$29,000/year, 4-year tenure	2013 – 2016

Awards & Recognitions

<i>Early Career Scientist Travel Grant</i> , National Eye Institute, \$550, One-Time	2022
<i>Professional Development Award</i> , Object Perception, Attention, and Memory Conference, \$200, One-Time	2021
<i>Undergraduate Research Grant</i> , Psi Chi Honor Society in Psychology, \$550, One-time	2015

PUBLICATIONS

* Denotes undergraduate trainee under my supervision; † Denotes co-first authorship

Refereed Contributions

- Teoh, J.*, **Saito, J. M.**, Yeo, Y.*, Winter, S., & Fukuda, K. (under review). Perceptual comparisons induce lasting and generalizing changes to face memory reports. *Cognitive Research: Principles and Implications*.
- Hames, J. L., Rose, N. S., Villano, M., Lam, J. C., **Saito, J. M.**, & Cogle, J. R. (submitted). Testing the efficacy of virtual reality exposure versus in vivo exposure for fear of heights: A randomized non-inferiority trial. *Behavior Research & Therapy*.
- Rose, N. S. & **Saito, J.M.** (2024). Naturalistic assessments in virtual reality and in real life help resolve the age-prospective memory paradox. *Aging, Neuropsychology, & Cognition*.
<https://doi.org/10.1080/13825585.2024.2315791>
- Zhao, C., Kim, J., Tang, T. H., **Saito, J. M.**, & Fukuda, K. (2024). Deep neural network decodes aspects of stimulus-intrinsic memorability inaccessible to humans. *Journal of Experimental Psychology: General*. Advance online publication. <https://doi.org/10.1037/xge0001543>
- Saito, J. M.**, Bae, G.-Y., & Fukuda, K. (2023). Judgments during perceptual comparisons predict distinct forms of memory updating. *Journal of Experimental Psychology: General*. Advance online publication.
<https://doi.org/10.1037/xge0001469>

¹ Declined, accepted admission to University of Toronto

Joseph M. Saito, Department of Psychology, University of Toronto

Saito, J. M., Duncan, K., & Fukuda, K. (2023). Comparing visual memories to similar visual inputs risks lasting memory distortion. *Journal of Experimental Psychology: General*. Advance online publication. <https://doi.org/10.1037/xge0001400>

Saito, J. M., Kolisnyk, M.†, & Fukuda, K. (2022). Judgments of learning reveal conscious access to stimulus memorability. *Psychonomic Bulletin & Review*, 30, 317-330. <https://doi.org/10.3758/s13423-022-02166-1>

Saito, J. M., Kolisnyk, M.*, & Fukuda, K. (2022). Perceptual comparisons modulate memory biases induced by new visual inputs. *Psychonomic Bulletin & Review*, 30, 291-302. <https://doi.org/10.3758/s13423-022-02133-w>

Fukuda, K., Tozios, C. J. I., & **Saito, J. M.** (2022). Limited access to an unlimited store: Mechanistic constraints and limitations in the voluntary control of visual long-term memory. In T. F. Brady & W. A. Bainbridge (Eds.), *Visual Memory*. Abingdon, England: Routledge.

Fukuda, K., Pereira, A. E., **Saito, J. M.**, Tang, T. Y., Tsubomi, H., & Bae, G.-Y. (2022). Working memory content is distorted by its use in perceptual comparisons. *Psychological Science*, 33(5), 816-829. <https://doi.org/10.1177%2F09567976211055375>

Forthcoming Contributions

Teoh, J.*, **Saito, J. M.**, Yeo, Y.*, Winter, S., & Fukuda, K. (2023, December 27). Perceptual comparisons induce lasting and generalizing changes to face memory reports. *PsyArXiv*. <https://doi.org/10.31234/osf.io/9fpjm>

CONFERENCE PRESENTATIONS

* Denotes undergraduate trainee under my supervision

Oral Presentations

Saito, J. M. & Fukuda, K. (2023, November). *Predictable Learning Demands Enable Down-regulation of Visual Long-Term Encoding*. Talk presented at the Annual Meeting of the Psychonomic Society, San Francisco, CA.

Saito, J. M., Printzlau, F., Yeo, Y., & Fukuda, K. (2022, November). *Attentional Prioritization in Working Memory Changes Interactions with Task-Relevant Perception*. Talk presented at the Object Perception, Attention, & Memory (OPAM) Conference, Boston, MA.

Saito, J. M., Kolisnyk, M., & Fukuda, K. (2022, July). *Judgments of Learning Reveal Conscious Access to Stimulus Memorability*. Talk presented at the Annual Meeting of the Canadian Society for Brain, Behavior, and Cognitive Science (CSBBCS), Halifax, NS.

Saito, J. M., Printzlau, F., Yeo, Y., & Fukuda, K. (2022, June). *Attentional Prioritization in Working Memory Changes Interactions with Task-Relevant Perception*. Talk presented at the Annual Working Memory Symposium (WMS).

Saito, J. M., Kolisnyk, M., & Fukuda, K. (2022, May). *Subjective Judgments of Learning Reveal Conscious Access to Stimulus Memorability*. Talk presented at the Annual Meeting of the Vision Sciences Society (VSS), St. Petersburg, FL.

Saito, J. M., Kolisnyk, M.*, Bae, G. Y., & Fukuda, K. (2021, June). *Judgments During Perceptual Comparisons Predict Distinct Forms of Memory Updating*. Talk presented at the Annual Working Memory Symposium (WMS).

Saito, J. M., Kolisnyk, M.*, & Fukuda, K. (2020, November). *Task Demands Modulate Memory Biases Induced by Overlapping Perceptual Input*. Talk presented at the Object Perception, Attention, & Memory (OPAM) Conference, Austin, TX.

Poster Presentations

Saito, J. M., Ferber, S., Barense, M.D., & Fukuda, K. (2024, May). *Perceptual comparisons are necessary and sufficient for the persistence of memory biases across time*. Poster presented at the Annual Meeting of the Vision Sciences Society (VSS), St. Petersburg, FL.

Saito, J. M. & Fukuda, K. (2024, April). *Voluntary down-regulation of memory encoding occurs via attentional withdrawal, not active suppression*. Poster presented at the Annual Meeting of the Cognitive Neuroscience Society (CNS), Toronto, ON.

Joseph M. Saito, Department of Psychology, University of Toronto

- Saito, J. M.** & Fukuda, K. (2023, May). *Predictable learning demands enable direct down-regulation of visual long-term memory encoding*. Poster presented at the Annual Meeting of the Vision Sciences Society (VSS), St. Petersburg, FL.
- Saito, J. M.**, Printzlau, F., Yeo, Y., & Fukuda, K. (2022, November). *Attentional Prioritization in Working Memory Changes Interactions with Task-Relevant Perception*. Poster presented at the Annual Meeting of the Psychonomic Society, Boston, MA.
- Saito, J. M.**, Bae, G. Y., & Fukuda, K. (2021, November). *Judgments During Perceptual Comparisons Predict Distinct Forms of Memory Updating*. Poster presented at the Object Perception, Attention, & Memory (OPAM) Conference, New Orleans, LA.
- Saito, J. M.**, Kolisnyk, M.*, & Fukuda, K. (2021, May). *Explicit Perceptual Comparisons Modulate Memory Biases Induced by Overlapping Visual Input*. Poster presented at the Annual Meeting of the Vision Sciences Society (VSS), St. Petersburg, FL.
- Teoh, Y. J.*, Khan, S.*, Yeo, Y.*, **Saito, J. M.**, & Fukuda, K. (2021, May). *Comparisons with Similar Faces Induce Lasting Distortions in Face Memories*. Poster presented at the Annual Meeting of the Vision Sciences Society (VSS), St. Petersburg, FL.
- Babiy, Z.*, Yeo, Y.*, **Saito, J. M.**, & Fukuda, K. (2021, May). *Perceptual Comparisons Induce Varying Forms of Memory Updating*. Poster presented at the Annual Meeting of the Vision Sciences Society (VSS), St. Petersburg, FL.
- Saito, J. M.**, & Fukuda, K. (2020, May). *Visual memories can recover from recognition-induced memory biases*. Poster presented at the Annual Meeting of the Vision Sciences Society (VSS), St. Pete Beach, FL.
- Fukuda, K., Pereira, A., **Saito, J. M.**, & Tsubomi, H. (2020, May). *Recognition-induced memory bias (RIMB) in visual working memory*. Poster presented at the Annual Meeting of the Vision Sciences Society (VSS), St. Petersburg, FL.
- Saito, J. M.**, & Fukuda, K. (2020, February). *Visual memories can recover from recognition-induced memory biases*. Poster presented at the Annual Meeting of the Lake Ontario Visionary Establishment (LOVE), Niagara Falls, ON.
- Saito, J. M.**, Lam, J., Rose, N. S., Villano, M., Cogle, J., Hames, J. L., (2019, March). *The Efficacy of Single-Session Exposure Therapy Using Virtual Reality*. Poster presented at Notre Dame Advanced Diagnostics & Therapeutics External Review Session, Notre Dame, IN.
- Saito, J. M.**, Rose, N. S. (2018, May). *Validation of Virtual Reality for Measuring Prospective Memory in Young and Older Adults*. Poster presented at the Annual Meeting for the Association of Psychological Science (APS), San Francisco, CA.
- Saito, J. M.**, Beloff, M.*, Haile, L.*, Levy, B. J. (2017, April). *The effects of attentional filtering on associative long-term memory formation across the lifespan*. Poster presented at the Annual Meeting of the Western Psychological Association (WPA), Sacramento, CA.
- Uchigakiuchi, T., **Saito, J. M.**, Biba, T., Chi, A., Soriano Smith, R., & Levy, B. J. (2017, April). *The reliability of retrieval-induced forgetting revisited*. Poster presented at the Annual Meeting of the Western Psychological Association (WPA), Sacramento, CA.

TEACHING EXPERIENCE

Course Instructor, University of Toronto

PSY100 Introduction to Psychology Tutorial

PSY372 Human Memory

Teaching Assistant, University of Toronto

PSY100 Introduction to Psychology

PSY270 Cognition

PSY372 Human Memory

PSY385 Human Factors

PSY480 Special Topics in Perception

REVIEWING

Journal of Experimental Psychology: General

Journal of Vision

Attention, Perception, & Psychophysics

Memory & Cognition

PROFESSIONAL SERVICE

Ebbinghaus Empire Invited Speaker Series, Organizer, University of Toronto

2021 – 2022

SKILLS

Programming & Data Analysis: MATLAB, Python, Inquisit, JASP, R

Statistics: General linear model, mixture modeling, simulation

Methods: Psychophysics, electroencephalography

Miscellaneous: Keynote, Excel, Dropbox, Qualtrics